

The Ohio Quibbler

Head Professor and President's Message

VFW Auxiliary
Department of Ohio

September 2023

Salutations Magic Makers:

As we fall back, and our children go back to school this month I would like your Auxiliary to focus on Suicide Awareness in our veterans and youth. In a study done by the CDC WISQARS 2020, an average of 3,703 middle school and high school students will try to commit suicide in a day, and that suicide is the second leading cause of death in our youth. As a mother who has children that fight daily with their depression, there is nothing more heart wrenching then watching your child fight just to find a reason to want to stay alive. Do the research and get the information out on knowing the signs of suicide amongst our children, and how they can find help. My special project this year is Save A Warrior and this organization was designed to help our veterans get to the root of the problems and get them the help they so deserve and need. I would ask that you go to their website for more information and our initiative to SAVE 20. The information for the SAW website can be found on the last page of the Auxiliary Quibbler. The Auxiliary gives us a voice that can be used in our communities for good. Please use your voices to bring awareness to the ones who struggle and fight demons that we will never know.

We have started monthly zoom training for all of our membership. Each training session will have a different topic, and am hoping to make them available on the website in case you would like to go back and watch. We are working hard to try and make your time serving our veterans as Auxiliary officers and members easier. Please know that the Department Chairpersons are taking your paper and emailed reports, but may take a little longer to show the results on the dashboard. I encourage everyone to take the moment to learn the dashboard reporting. It makes reporting quick and easy, and you know that you've submitted your report. Remember, you can only report one project per report on the dashboard and may end up with a large number of reports, but that is what we want to see. It breaks everything down for our Department Chairpersons for the end of year reports to national. I love watching the dashboard go from red to green, and knowing what you all do daily to change the lives of our veterans, active duty, their families, and our communities. Keep spreading your magic, it's working.

Prisoner of War and Missing in Action observance is the 3rd Friday of the month. I encourage all of you to get on board the "more than words" campaign and explain what POW/MIA means to our youth and communities.

This year we will be holding our 124th Founders Day on Saturday September 23rd at Greenlawn Cemetery. There is information for the luncheon and parade agenda on our department website, please make every effort to attend as our National President Carla Martinez will be joining us, and there is nothing better then to see your faces and the colors of our Nations flag as you walk with pride to honor the founders of the VFW.

Pease keep reporting and continuing to work for the betterment of our organization, so our Country can be better that we existed.

To all that are ill or going through hard times, or have lost someone you love, please know you are in my prayers and thoughts.

Together We Rise,
Shannon Stanley
Department President

The Missing Man Table

The POW/MIA or Missing Man Table

The POW/MIA Missing Man Table ceremony is a dignified and solemn moment in many formal dinners and other occasions.

There have been many different narratives written for the ceremony, but the symbolism is quite constant. It involves a table, usually set off to the side, with a single chair.

The table is set with a white tablecloth, a single candle, a book of faith (optional), an inverted glass, and a single red rose in a vase, around which is tied a red or yellow ribbon.

Set at the table is a plate containing a slice of lemon and a small amount of salt.

There is nothing more poignant than witnessing the empty chair sitting at a POW/MIA table with incredible significance for every displayed feature of this ritual.

Witnessing the ceremony that accompanies this memorable event brings more than just a single emotion. The ceremony is performed many times, throughout the year, at official military events in remembrance and in honor of all POW/MIAs.

WE WILL NEVER FORGET



3rd Friday in September-POW/MIA Remembrance Day

POW/MIA Recognition Day is a day of remembrance and hope for the safe and speedy return of American Prisoners of Wars and those still Missing in Action. It also seeks the return of the remains of Fallen Soldiers. POW/MIA Recognition Day is the third Friday in September of every year.

POW/MIA Remembrance

POW/MIA Remembrance Ceremonies save a place for the Missing Man.

POW/MIA Recognition Day honors the commitments and the sacrifices made by our Nation's prisoners of war and those who are still missing in action.

National POW/MIA Recognition Day is one of the six days specified by law on which the black POW/MIA flag shall be flown over federal facilities and cemeteries, post offices and military installations.

Federal Law on Flying the POW/MIA Flag

The Defense Authorization Act, Public Law 105-85, section 1082, signed by President Clinton on November 18, 1997, mandates that the United States Postal Service, the White House, the United States Capitol, the Department of State, Defense and Veterans Affairs, all National Cemeteries in the Federal system, the National Vietnam Veterans Memorial and the Korean War Memorial must fly the POW/MIA Flag on the following designated days each year:

- Armed Forces Day – the third Saturday in May
- Memorial Day – the last Monday in May
- Flag Day – June 14th
- Independence Day – July 4th
- National POW/MIA Recognition Day – the third Friday in September
- Veteran's Day – November 11th

If any of these days fall on a non-business day, postal facilities are required to display the POW/MIA Flag on the last business day before the designated day, as directed by Postal Bulletin 21967 dated March 12, 1998. For some time, there had been debate over when the POW/MIA Flag should be flown, whether daily or on the specific six days noted in federal law. While not addressing the question of posting the flag at the national/federal level, League members at the 32nd Annual Meeting in June 2001, voted overwhelmingly in favor of the following resolution: "Be it RESOLVED that the National League of POW/MIA Families strongly recommends that state and municipal entities fly the POW/MIA Flag daily to demonstrate

Meet your Department Line Officers

Heather Figueroa
Department Guard

Heather is a life member of V.F.W. Auxiliary 7174 in The Plains, Ohio. She joined as a life member in 2008 under the eligibility of her father C.J. Josten an Army Korean War Veteran who was a life member of the V.F.W. She has 2 sons who are also V.F.W. Auxiliary members. Heather has worked in the healthcare field as a Dietetic Technician, Registered and Certified Dietary Manager for over 29 years.

Heather has held many officer and chairmanship positions with the V.F.W. Auxiliary. She is honored to serve this prestigious organization and to support veterans in memory of her father.



Meet your District Presidents

Renee Roseberry

District 12 President –

Renee' joined the VFW Post 8402 Auxiliary as a life member January 26, 2005. The offices Renee' has held at the auxiliary level are treasurer, chaplain and is currently the Sr Vice President of her Auxiliary. Renee's eligibility comes from her husband, Greg who was a previous District 12 Commander and served 21 years in the Air Force. Renee' is also a proud mother of a daughter who is currently serving in the United States Air Force. Her favorite thing about the Auxiliary is the many new ways we learn to serve our Veterans.



September is Suicide Prevention Awareness Month

Quality of care for Veterans includes raising awareness around important health topics. By highlighting some of the national health awareness campaigns each month, Veterans can get ideas, information, and resources on a variety of health matters.

September is Suicide Prevention Awareness Month, and we want to raise awareness on how you can protect yourself and your loved ones from this complex and tragic health issue. In 2007 the VA established The Veterans Crisis Line, it is a free, confidential, 24-hour hotline for Veterans and their families/friends. Since its launch in 2007, the Veterans Crisis line has answered more than 1.25 million calls and made more than 39,000 lifesaving rescues. To reach someone right away you can dial a number and speak with someone, send a text, or just as easily start an online chat.

A recent report found that those receiving care from the VA had a 16 % decrease in suicide. Learning and watching for signs of concerning behavior can help you and your loved ones get help!

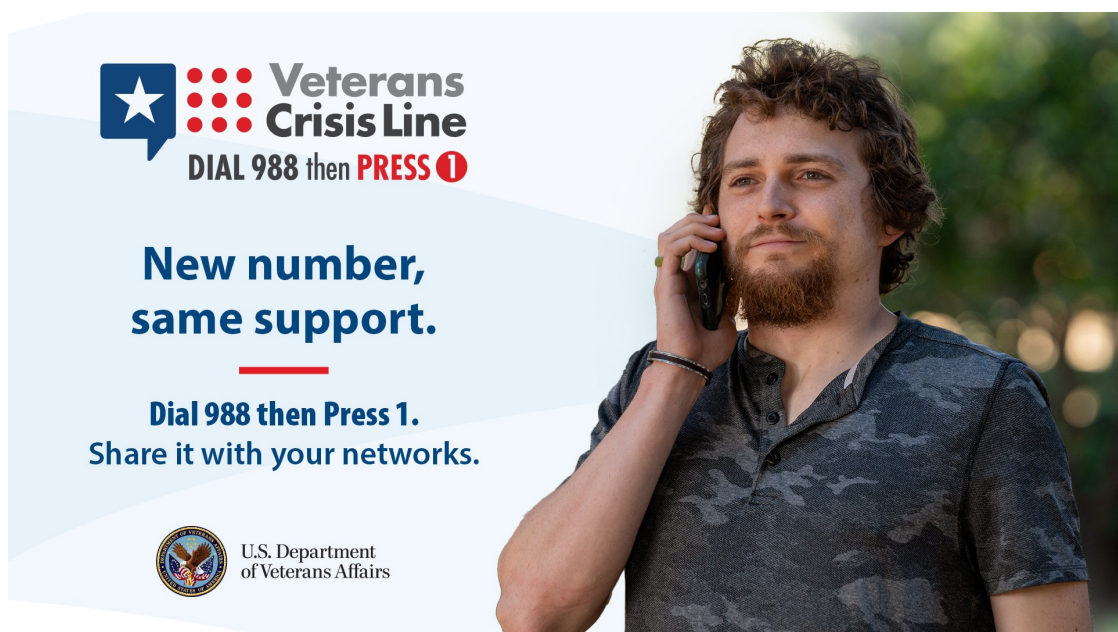
Some signs of concerning behavior include:

- Hopelessness, feeling like there is no way out
- Anxiety, agitation, sleeplessness, or mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug use
- Withdrawing from family and friends

If you notice any signs of concerning behavior here are some things you can do:

- Start a conversation: Mention the signs that prompted you to talk to them. Stay calm and let the person know you want to help them. Don't leave the person alone.
 - Listen, express concern and reassure the individual: Let the person know you care and that you take the situation seriously. Letting the person know you care will go a long way in establishing a support system.
 - Create a safety plan: Ask the person if they have access to anything that could harm them and call for help if you feel the situation is dangerous.
 - Get the individual help: Provide resources for the individual. Call the Veteran's crisis line at 1(800)-273-8255. Or if you feel the situation is severe, take the individual to the closest emergency room or call for help.

Individuals experiencing such thoughts and behavior can make simple yet effective lifestyle changes to help alleviate these harmful thoughts and behavior. These can include getting exercise, taking time off of work, and spending time with friends and family to avoid isolation. Ultimately, anyone at risk or feeling uneasy should talk to their health care provider.

A promotional graphic for the Veterans Crisis Line. On the right, a man with curly brown hair and a beard is shown from the chest up, wearing a dark camouflage t-shirt and holding a black smartphone to his ear. The background behind him is a soft-focus outdoor scene with green foliage. On the left, a light blue geometric shape contains the following text and logos:

- Veterans Crisis Line** logo, featuring a white star in a blue speech bubble and a grid of red dots.
- DIAL 988 then PRESS 1** in bold black and red text.
- New number, same support.** in bold blue text, underlined with a red line.
- Dial 988 then Press 1.** in bold blue text.
- Share it with your networks.** in bold blue text.
- The official seal of the U.S. Department of Veterans Affairs.
- U.S. Department of Veterans Affairs** in small black text.

Patriot Day - Monday, September 11, 2023

On September 11, Patriot Day gives all of us time to reflect on the devastating terror attacks that took nearly 3,000 lives. We commemorate those who we lost and give thanks to the brave first responders who put their lives on the line. Take a moment today to consider what we stand for as a nation and how we can work together to make the world a better place for all.

Patriot Day falls on 11th September (also commonly known as 'Nine-Eleven') and is remembered globally as the anniversary of the catastrophic terrorist attacks on the USA of 11th September 2001.

Embedded in the memories of everyone who lived through it, this was the day four jet planes were hijacked and crashed into the New York World Trade Center and the Pentagon in Arlington, Virginia, causing the deaths of 2,977 people. The fourth plane (United Airlines Flight 93) was directed at Washington DC, but its passengers bravely attempted to take back control and it crashed into a field near Shanksville, Pennsylvania.

The large majority of those lost after the attacks on the Twin Towers were working at or above the points of collision; thousands of people who had gone to work that morning like every other day, found themselves suddenly stranded at the top of a burning skyscraper. A number made the choice to jump from the flaming buildings rather than wait to be caught by the flames or for the building to collapse. No one could forget the terrifying and heartbreaking stories and images captured by the news footage of the day.

In the wake of the World Trade Center collisions, many brave men and women from the emergency services risked their lives to try to help rescue victims of the attacks, and of them 411 lost their own lives attempting to fight fires and rescue people.

Patriot Day is recognized by US law as the official day of remembrance for these tragic events, and has been observed every year since. Each year on this day, American flags are flown at half-staff to honor and commemorate those lives lost. The US President asks fellow Americans to observe a moment of silence at 8.46am (Eastern Daylight Time), the time of the first plane collision into the North Tower of the World Trade Center.

While the events took place within the USA, the shock and grief experienced in response to the attacks was shared across the globe, and for this reason Patriot Day will be observed not only in America, but all over the world.

HOW TO OBSERVE PATRIOT DAY

There are a number of ways that you can observe Patriot Day. One way is by paying honor to those who were on the ground on September 11th, as well as those that lost their lives. There are a number of different ways that you can do this. Thanks to the Internet, we are able to reach out to people that we never would have been able to, and so you can always post a message on social media.

If you don't know much about the attacks because you were too young at the time, it is a good idea to spend some time doing a bit of research about the occasion. On this date, four airliners carrying passengers, which were bound for California from northeastern airports in the United States, were hijacked by terrorists of al-Qaeda (19 in total).

Two of the planes crashed into the North and South twin towers of the World Trade Center in Lower Manhattan. This was United Airlines Flight 175 and American Airlines Flight 11. Both of the 110 story towers collapsed within an hour and 42 minutes. All of the other buildings in the World Trade Center complex collapsed either partially or completely because of the resulting fires and debris.

The third plane crashed into the Pentagon. This was American Airlines Flight 77. This resulted in the west side of the headquarters for the United States Department of Defense collapsing partially. The fourth plane was flown in the direction of Washington D.C. This was United Airlines Flight 93. However, passengers thwarted the hijackers, and the plane crashed into a field in Pennsylvania, potentially saving many lives.

There is a great film that focuses on the fourth flight – United Airlines Flight 93. The film is called *United 93*, and it was released in 2006. The film aims to take you through the events of what happened on the plane, focusing on the passengers responding to the hijackers in order to direct the plane away from Washington D.C. The film received critical acclaim, winning a number of awards.

The film is a great watch. It shows how the passengers came together to revolt against the hijackers, despite knowing that their lives were at very high risk. While they ultimately lost their lives in the end, they stopped the terrorists from reaching their intended target, saving many more lives in the process.

It is also a good idea to use this day to pay honor to the people who died on the 11th of September. This not only includes those on board the aircrafts, but those who died as a consequence of the collapsing buildings and the brave men and women who risked their lives to try and help those in danger. In total, 2,977 victims died on this day, with there being more than 6,000 injuries. Most of the people who died were civilians. However, there were also 71 law enforcement officers who died and 343 firefighters. Why not spend some time reading up on them to show that we will never forget!

September 17-Constitution & Citizenship Day

This day commemorates the formation and signing of the U.S. Constitution on September 17, 1787, by 39 delegates to the Constitutional Convention. This document established the framework of our government and the rights and freedoms that “We the People” enjoy today.

In 1940, Congress designated the third Sunday in May as “I am an American Day.” In 1944, “I am an American Day” was promoted by the U.S. Immigration and Naturalization Service. On February 29, 1952, Congress moved “I am an American Day” observation to September 17 and renamed it “Citizenship Day.” In 2004, Congress renamed the holiday “Constitution Day and Citizenship Day.”

Last Sunday in September—Gold Star Mother's/Family's Day

Gold Star Mothers and Family's Day is September 25, 2022. Gold Star Mother's/Family's Day honors mothers and families who have lost a service member in the line of duty or in support of military activities. The name comes from the custom of families hanging Service Flags in the window of their homes. The Service Flag has a star for each family member in the armed forces.

- A blue star represents a family member in active service.
- A silver star represents a family member wounded or injured in a war zone.
- A gold star represents a family member killed during active-duty and stands for sacrifice made for honor and freedom.

The American Gold Star Mothers, Inc. was founded shortly after World War 1 by Grace Darling Seibold, who lost her son, George Vaughn Seibold, during the war. Gold Star Mothers are often socially active, but are non-political. Gold Star Mother's Day was designated by Congress on June 23, 1936. In September 2012, President Barack Obama rededicated the last Sunday in September as “Gold Star Mother's and Family's Day.”



The Blue Star Service Flag

The Blue Star Service flag is display by families who have members serving in the Armed Forces during any period of war or hostilities the United States may be engaged in for the duration of such hostilities.



The Gold Star Service Flag

A Gold Star Service Flag is displayed if a service member is killed in action or dies in service.



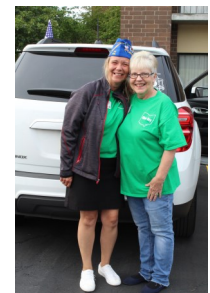
The Multi-Star Service Flag

Each star on the flag represents a service member in active duty. If several stars are displayed by one family the gold star takes the honor of being placed at the top. The gold star should be slightly smaller than the blue star to create a blue border surrounding the gold star.

Ohio Day August 5th

What an AMAZING Ohio Day at the National home we had this year! WOW!!!
#TEAMOHIO knocked it out of the park on how much was donated-\$191,000+ !!! Of course that meant the Trophy Cup competition we have with that state up north stayed here once again in OHIO!!

Look at all the pictures taken during OHIO DAY this year!



Founder's Day Agenda

Veterans of Foreign Wars Department of Ohio

Founder's Day Agenda

Saturday September 23, 2023

Greenlawn Cemetery 1000 Greenlawn Ave Columbus, OH 43223

9:00 a.m.- Registration (make sure to bring your flags)

9:30 a.m.-Parade line up

10:00 a.m.- Parade Step Off

11:45 a.m.- Founders Day Luncheon, assemble

VFW Post 9857, 2330 Stelzer Rd., Columbus, Ohio 43219

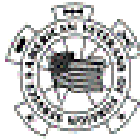
12:00 p.m.- National Commander in Chief and National President escort Aisle of Honor.

- Luncheon
- Program
- Dismissal

Congratulations to the 2023 James Romanis Award Winners!

"We've agreed to form an organization-one that's going to live and grow long after all of us are dead and gone. This society is going to be active as long as this country of ours is forced to defend itself in hostile waters and on foreign soil."

-James Romanis-



VETERANS OF FOREIGN WAR
OF THE UNITED STATES

*Founders Day Committee
Department of Ohio*

.....

*ALL VFW MEMBERS, AUXILIARY AND AFFILIATES
FOUNDERS DAY- 125th ANNIVERSARY CELEBRATION
SATURDAY, SEPTEMBER 23, 2023*

LUNCHEON RESERVATION

*Luncheon will be held at VFW Post 9657, 2330 Steiber Rd., Columbus, Ohio, at 12:00 p.m., with
Founder's Day program to follow. Reservations MUST be made prior to the luncheon.*

MENU

*Stuffed Chicken Breast/ Roast Beef
Scalloped Potatoes
Green Beans with bacon
Tossed Salad & dressing
Rolls & Butter
Ice Tea & Lemonade
Assorted Desserts*

.....

*******RESERVATION*******

Number of People:_____ at \$25.00 each Total:_____
Name:_____ Phone:_____
Post/Aux:_____ District:_____
Credit Card #_____ Type of Card:_____
Expiration Date:_____ CVV:_____ Check Number:_____
Name as it appears on card:_____

*Check, money order, or credit card must accompany reservation form. Please, make checks
payable to "VFW Founders Day Fund", mail to VFW Dept. of Ohio, 35 E. Chestnut St., Suite
506, Columbus, Ohio 43215.*

DEADLINE DATE IS FRIDAY SEPTEMBER 15, 2023

Outstanding Auxiliary Member Spotlight-September

Nomination form for Outstanding Auxiliary Members for the Ohio Quibbler

*Members being nominated have a chance to be spotlighted in the monthly Ohio Quibbler

Name of Auxiliary Member being nominated: Michael Shelton

Name of Member NOMINATING: Darla Lowe

District 9 Auxiliary 2529 Date of event: 5-13-2023

Details of Outstanding Act/Event:

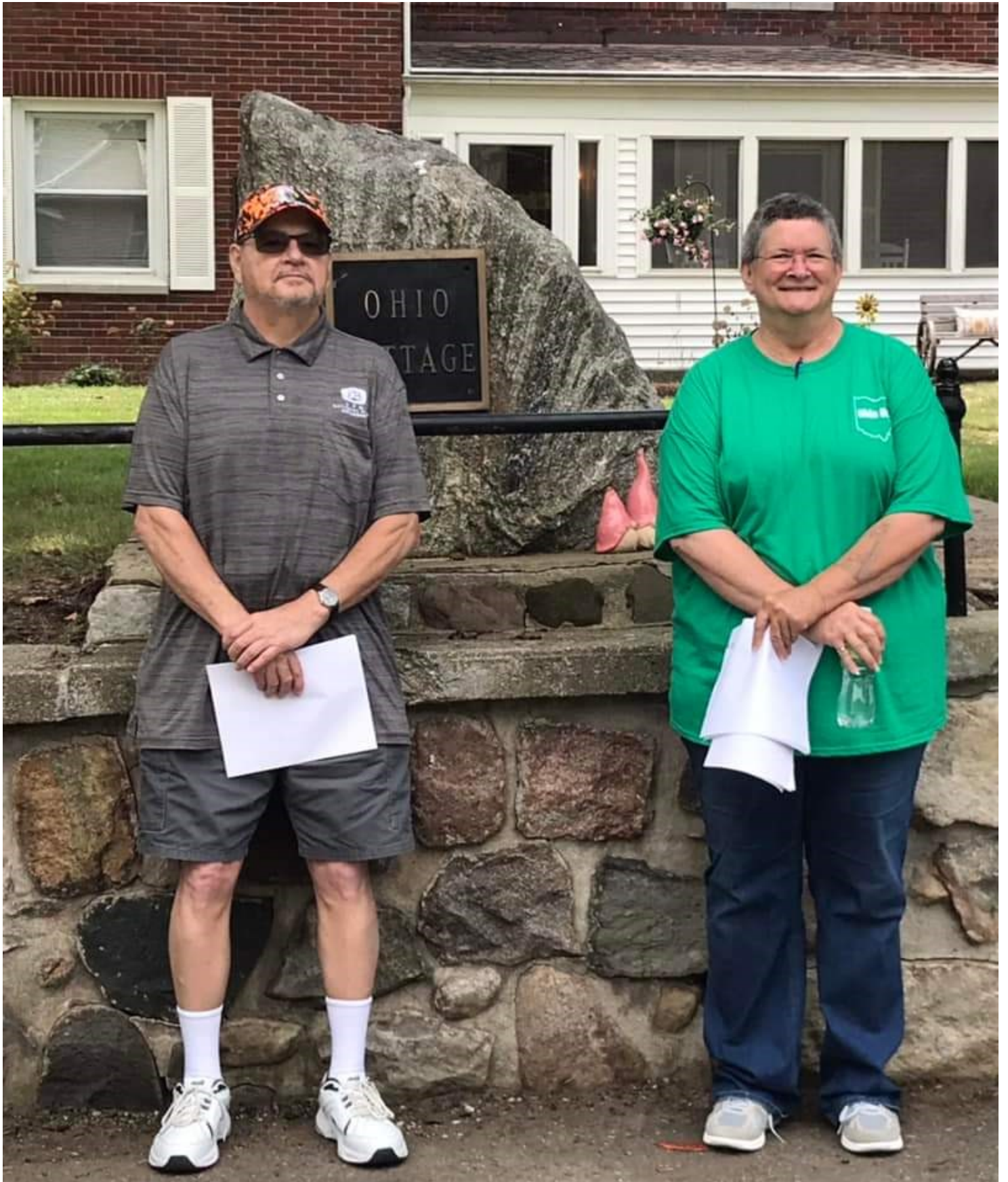
Mr. Shelton was at a Buddy Poppy drive May 13 2023 from 10am to 5pm all day. He was also at a Buddy Poppy drive May 20th 2023 from 8am to 5pm all day. He was at a Buddy Poppy drive May 27th 2023 in front of Sandusky Walmart from 7am till 5pm. He was at the Presbyterian Church May 28th 2023 to Honor our Veterans for Memorial Day and laid a wreath at Sandusky Veterans Park. On May 29 he drove in the parade from Ohio Veterans Home to Oakland Cemetery where another wreath was laid. In June he was there Friday, Saturday and Sunday representing Auxiliary 2529. In July he came to Council of Administration. He help on July 31st with the National Home Cedar Point trip feeding breakfast. On August 5th he went to VFW National Home for Ohio Day. On Aug 6th after the Auxiliary meeting he and his wife stayed after to help clean the kitchen at the post. What makes all this special is because Michael Shelton lives in Lorain Ohio but comes to Sandusky for every Auxiliary event and meeting faithfully. Michael Shelton has a love for Veterans and helps wherever needed no questions asked.

Photo attached: ☒ yes ☐ no

Date submitted to Dept Historian: 8-14-2023

How Nomination was submitted: email

by email or snail mail



*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*

1st Quarter

May 2023 - Sr. Vice Training



2023-2024 District President with President Shannon Stanley - Harry Potter Themed

May 2023 D1 Held our Elections at 4906 - Lisa Rashley Voted in for a 2nd Term

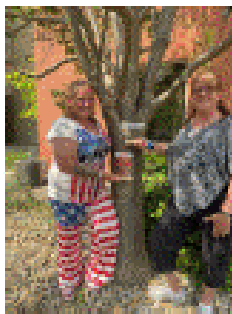


*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*

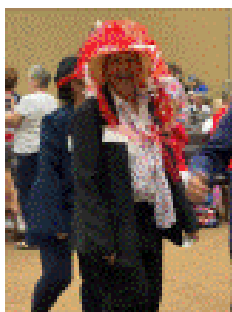
June 2023 - Department Convention @ Kalahari



2023-2024 District Presidents with Shannan Stanley (Dept. President)



*Ashley Short received Outstanding Auxiliary President 7424
Lisa Rashley received Outstanding District President (Both from D1)
Renee Dishong & Donna Westrick received runner up - outstanding Aux Pres.*



Julie Pence (7424) & Sherry Benner (2898) displaying her buddy poppy hat entry

Department of Ohio VFW Auxiliary - District 1 2023-2024 Historian Report



Testimonial Dinner with Jess Gardner, Donna Mills and Lisa Rashley



Awards won by D1 for the 2022-2023 Term

June 15, 2023 - Returning Honor Flight



*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*

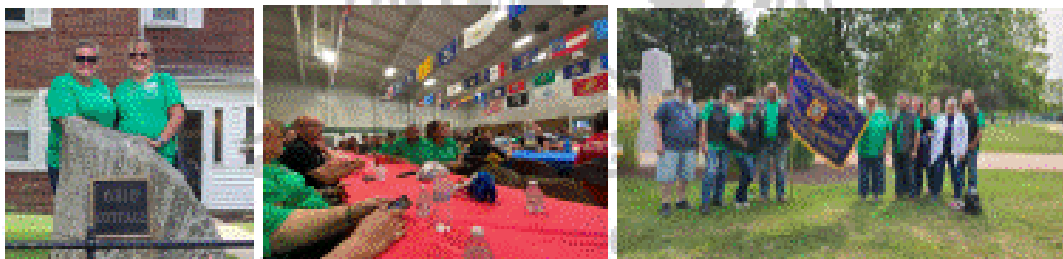
D1 Welcome home Veterans from their Honor Flight. (Lisa Rashley - President, Ashley Short - Sr. Vice, Krissy Mozena - Jr. Vice, Charna & Angel - Registration, Kathy Oldham, Donna Westrick, Pat Jones)

July 14-16 Department C of A - Columbus



Department President Shannon Stanley and Lisa Rashley during Membership skit - Theme Harry Potter

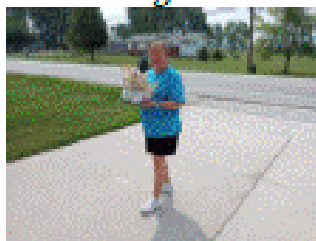
August 5, 2023 Attended Ohio Day at National Home



(Ashley Short & Myself in front of Ohio's Home) 7424 with their flag

August 10, 2023

Celebrating an Auxiliary Brother's Birthday across the street

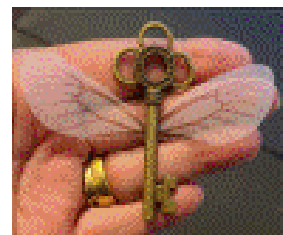
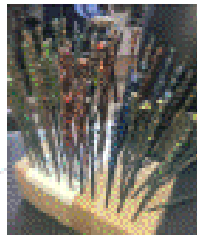
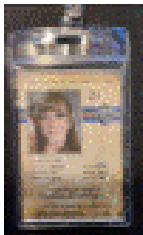


*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*

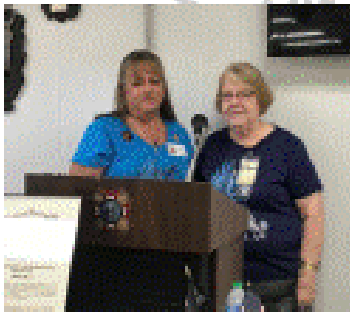
August 12, 2023 - D1 C of A

Each member received:

*Ravenclaw School ID with their picture
Handmade Wand & Wand Permit
Membership Key with wings
Choice of spirit animal
Ravenclaw House Pin
Ravenclaw wax coin*



The room was decorated with Ravenclaw colors, banner and battery operated candles at each D1 Officer and Auxiliary Station.



This meeting I was pinned with my Past President's Pin by Donna Westrick (Deputy Chief of Staff)

*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*



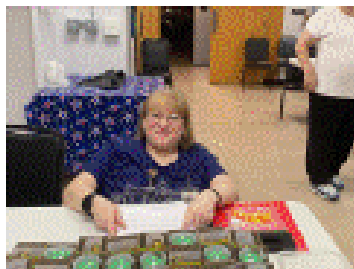
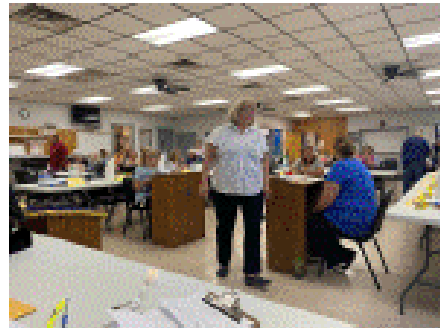
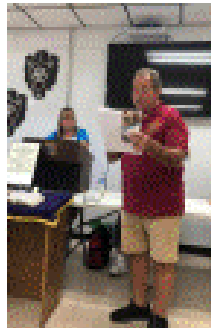
I also was able to "Pin" our D1 Secretary Jody Schlachter & Treasurer Becky Dombrowski for each serving of over 10 consecutive years in their positions.



I had made pins for 2022-2023 Outstanding Auxiliary & District Presidents. And Ashley Short (D1 Sr. Vice & 7424 Auxiliary President) and I "pinned" one another. 😊



*Department of Ohio
VFW Auxiliary - District 1
2023-2024 Historian Report*



Amber Kopps passing out GreenLights

Paul Rashley (my Veteran) showing off the greenlight received



*The meeting was a success with 42 in attendance from 12 of the 14
Auxiliaries...*



Department of

O.H.I.O.

District 2 News on the Go

Quarterly Overview

July-September 2023 Edition



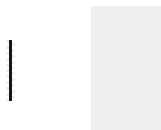
Just Who Are These New Kids on the District Block:

Meet the New leadership within District 2: Commander Andrew Munshower & Auxiliary President Kristina Smith, as of July 1, 2023. Andrew is a member of VFW Post 3035

in Delphos, Ohio, and he served in the United States Marine Corps. Kristina is a member of VFW Post 9289 in

St. Marys, Ohio, and earned her Auxiliary eligibility from her husband, who served in the United States Marine Corps as well. That means together the military has played a huge role in their lives, and they have a lot in common. Both of them have families and are raising small children all while working and volunteering within this organization.

**Thank You for your Service, Drew,
and for All that you both Do for our
Veterans!**





Introducing the Department President & National President:

Meet Shannon Stanley (left) of Auxiliary 3494 in Mansfield, Ohio. She was elected and installed as our VFW Department of Ohio Auxiliary President in June at the State Convention to serve under the leadership of our National VFW Auxiliary President Carla Martinez (right). She is from Layton, Utah, and she was elected and installed in July during the VFW Auxiliary National Convention in Phoenix, Arizona.

[Read more on our website www.vfwauxoh.org](http://www.vfwauxoh.org)



The District 2 Hogwarts Academy School of Instruction and Council of Administration, was held on August 13, 2023, in Delphos, Ohio. District 2 was sorted into the Gryffindor House, which will allow us to work closely with other Districts within the state to earn points by the end of the Auxiliary year. We are trying to earn the prestigious House Cup. Department chairpersons for all programs were available for questions and answers after their 5 minute presentations. Computer website training for reporting was explained and well presented on the big tv for all to see. There are many changes to the newly updated department website, which were also shown.

**THANK YOU TO ALL THE AUXILIARIES
WHO ATTENDED!!!**



Class of 2023-2024



Courage

Bravery

Determination

DISTRICT TWO

“ONE FLAG, ONE LAND,
ONE HEART,
ONE HAND, ONE NATION
EVERMORE!”

— OLIVER WENDELL HOLMES





**VFW AUXILIARIES
HONORING OUR VETERANS & THEIR FAMILIES
DISTRICT 7 NEWSLETTER
SEPTEMBER 2023**

HELLO SISTERS & BROTHERS,

If you weren't able to make our first D7 meeting for 2023-2024 on August 13, 2023, you missed out on a lot of information that was shared as well as a School of Instruction that was given that showed how to access your log in on the Department website and different areas of MALTA that contains information on all the programs and is available to EVERY VFW Auxiliary member.

Our next District meeting will be on Sunday, October 29, 2023 at Lake Erie Post 1974 (aka Parma). Meeting starts at 10am. While its' always important for the President to attend these meetings, (refer to Section 810A, last bullet item of the bylaws), these meetings are open to ALL VFW Auxiliary members.

While you might think that the meetings are boring (yes, sometimes they are) and not worth your time, however, these meetings are one of many tools to get information out to our D7 auxiliaries.

Reminder: SEPTEMBER IS SUICIDE AWARENESS MONTH. The official colors of suicide awareness are purple & teal. Members of VFW & Auxiliary wear a teardrop. Suicide awareness is very personal for me and I have always been a big supporter of getting rid of the stigma.

I know everyone has heard of "Save A Warrior". It's been our Department Commander and Auxiliary President's special project for the last 3 or 4 years. This is an organization in Hillsboro, OH who work with members of the military & first responders get the help they need to help in their battle with PTSD. To learn more about what this organization does for our military & first responders, go to their website: [saveawarrior.org](https://www.saveawarrior.org)

CONGRATULATIONS EVERYONE FOR GETTING YOUR BONDS PAID ON TIME. Keep up the good work.

Take care everyone.

I remain, as always,

Loyally yours,

Claudia Botsko

District 7 President

440-255-5860 (home)

440-346-2732 (cell)

cbotskovfwaux@sbcglobal.net

Commander Luther Sawicki, 5381 Savannah Drive, Ashtabula, OH 44004

440-228-8594 email: luthersawicki@gmail.com

President Claudia Botsko

440-346-2732 email: cbotskovfwaux@sbcglobal.net

Mike Rebata, Newsletter Editor 3471 E 105th Street, Cleveland, OH 44104

216-702-4863

email:

mrebata@ameritech.net

Deadline for the District 7 Newsletter Submissions is the 20th of the Month.

PLEASE SHARE THE NEWS:

PROCLAMATION

Department Chairman



No. October 7th

ZOOM ONLINE TRAINING

SATURDAY, OCTOBER 7th

10:00 am - 12:00 pm

COME LEARN:

Q & A With our
Department Chairman

Come Be Apart Of The Magic!

"We Rise Together"

Using Technology to Conduct an Auxiliary Meeting

Members may join meetings using electronic or digital tools such as conference calls, webcams, Zoom, Microsoft Teams, GoToMeeting and Skype.

This is your guide on who, what, when, where and how to use technology in Auxiliary meetings.

Facebook is not a meeting platform nor is it an acceptable form of using technology to conduct a meeting, even if it is a private group.

While you may choose from multiple web browsers, Google Chrome is the best browser for optimal connectivity.

Technology Tools: What is needed on both ends?

- Personal computer, laptop, tablet or smartphone
- High speed Internet connection (such as DSL or Internet provided by a cable company; for tablets and smartphones, 3G, 4G, 5G or LTE is often not fast enough; you need Wi-Fi)
- Telephone line or USB connected speakers and microphone
- Internal webcam or USB connected external webcam

Choose the meeting platform that works best for you and your members.

Zoom, VISIT: www.zoom.com

- Video and call-in option

Microsoft Teams, VISIT: microsoft.com

- Video meetings

Go To Meeting, VISIT: www.gotomeeting.com

- Audio meetings

Skype, VISIT: www.skype.com

- Skype to Skype audio and video calls.



Who Might Need to Do This and When?

- Members who travel for work
- Members who are deployed overseas
- Members called away for emergencies
- Snowbirds
- Members in locations with extreme weather
- Members who are geographically isolated
- Members who are homebound
- Members living in assistance facilities

Guidelines for Joining a VFW Auxiliary Meeting with Technology: From Bylaws Sec. 210

1. Video conferencing or teleconferencing is permitted for members unable to attend a meeting.
2. Auxiliary Secretary shall designate in the minutes; members attending by way of video or teleconferencing.
3. Video conferencing when used to form a full quorum shall be utilized for extenuating circumstances only.
4. The Auxiliary President or designee, if President unable to attend, must be at the location site if teleconferencing is used for obtaining a quorum (extenuating circumstances only).

Questions? Contact VFW Auxiliary National Headquarters at 816.561.8655 or info@vfwauxiliary.org

Revised 4/25/22

VFW AUXILIARY MAGAZINE MEMBER SPOTLIGHT

Do you know an incredible member of the VFW Auxiliary who goes above and beyond for the organization, our veterans and their community? To help you with your Member Spotlight nomination, please answer as many of the following questions as you can. If selected, we will also need 3-5 photos.

Note: Questions in BOLD require an answer for a nomination to be considered.

Your Name:

Your Auxiliary Number & Department:

Nominee's Name:

Nominee's Auxiliary Number & Department:

In 3-5 sentences, why are you nominating this person for our Member Spotlight? Please share *specific* examples of exemplary service like "they organized this event in response to a local crisis which led to housing homeless veterans" rather than vague statements like "they do a lot" or "they work hard."

In 1-3 sentences, what sets the nominee apart from other members of the Auxiliary and/or community?

List 1-3 ways the nominee has gone above and beyond for veterans, families and/or their community:

- 1.
- 2.
- 3.

Describe the nominee in 3 words: 1. _____ 2. _____ 3. _____

Has the nominee previously been recognized in VFW Auxiliary Magazine, on social media and/or in local news stories? Check: YES__ NO__ NOT SURE__ (Attach news articles or video links if possible/applicable)

How long have you known the nominee?

VFW Auxiliary Positions/Chairmanships/Offices the nominee has held:

SHH Facility Activity Calendar September 2023



Welcome Fall

MALTA ONLINE ACADEMY

← ↻ 🏠 🔒 https://vfwauxiliary.org/online-auxiliary-academy/ 🔊 ★ ⚙️ 📄 ⌕ 🗑️ 👤 ...

JOIN US ABOUT US ▾ WHAT WE DO EVENTS ▾ SCHOLARSHIPS & CONTESTS ▾ BLOG MEDIA ▾ MALTA MEMBER LOGIN CONTACT US

Online Auxiliary Academy

We are pleased to present webinars to you, our members, on various topics. You are able to watch the webinars below anytime – and anywhere you have an Internet connection! To watch a webinar, click the title of the webinar you would like to view and it will launch in a new window. The length of each webinar is in parentheses to the right of the title. Webinars are recorded and may be stopped and started at any time for your convenience. Just click on the pause or play button to stop and start the webinar. If you have topic suggestions for future webinars, please e-mail them to info@vfwauxiliary.org.

MALTA (Membership Auxiliary Leadership Technology Access)

Administrative & Instructional

Social Media (Facebook)

Membership & Leadership

- [How to Set Up Your Auxiliary Facebook Page](#) (updated Sept 2021) – PDF
- [How to Add or Remove An Administrator on Your Auxiliary Facebook Page](#) (updated Sept 2021) – PDF
- [How to Post to Your Auxiliary Facebook Page](#) (updated Sept 2021) – PDF
- [How to Schedule a Post on Your Auxiliary Facebook Page](#) (updated Sept 2021) – PDF
- [How to Edit or Delete Posts on Your Auxiliary Facebook Page](#) (updated Sept 2021) – PDF
- [Best Practices for Your Auxiliary or Department Facebook Page](#) (updated Sept 2021) – PDF

September issue is now out! Subscribe today.

Send your name and
email address to:
oh.leg.report@gmail.com

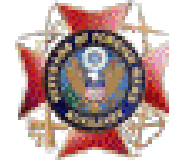
It's free and easy
Cancel at any time



Auxiliary Member: How to Activate Your MALTA Account

[Auxiliary Member: How to Activate Your MALTA Account - YouTube](https://www.youtube.com/watch?v=A_zJ38TLd7I)





Understanding Auxiliary Traditions

Welcome! This guide is to help you learn about our Ritual and the unique things we do at our meetings. Be sure to ask a fellow member if you have any questions!

Entering a Meeting

- At a local Auxiliary meeting, you will enter the meeting room and once the doors are closed, all members must show a current dues card.
- At Department and National meetings, your card will be asked for at the door.



Raps of the Gavel

- One rap – Attention
- Two raps – Rise
- Three raps – Be seated

Attention & Parade Rest

- "Attention" in the VFW Auxiliary means hands at side, head up with eyes looking straight forward.
- "Parade Rest" means the left foot is moved slightly to the side while bringing the arms to the small of the back. Clasp the left thumb in the right hand. The head is bowed slightly during prayer.

Showing Proper Respect to the Flag

- During our Ritualistic meeting, the President will say "Salute" when the flags enter and leave the room, as well as when we say the Pledge of Allegiance and sing the national anthem. Salute the Flag by placing the palm of the right hand flat over the heart.
- During Auxiliary meetings, the heart salute shall be used at all times where the salute is used.
- A member who is also a veteran may use the military salute.
- When the Flag is displayed AND the national anthem is played and/or sung, all present should face the Flag and salute.
- When the Flag is NOT displayed and the national anthem is played and/or sung, all present should face the music and salute.
- Members should stand when the flags are moving.



VETERANS OF FOREIGN WARS AUXILIARY

Brochure Order Form

VFW Auxiliary National Headquarters is pleased to offer the following brochures to our members at no charge. Please allow two weeks for delivery.

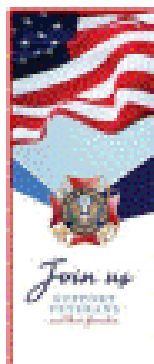
Fillable/printable copies are also available in MALTA/Member Resources: Historian & Media Relations, Membership and Scholarships.

UNWEAVING NO SUPPORT



FOR UNCOMMON HEROES

Membership Brochure
(includes application)



Fact Sheet



Patriotic Art & 3-Dimensional Art Brochure



Please indicate the quantity requested below. Order quantity is not to exceed 50 copies of each.*

*Please contact National Headquarters should you need larger quantities for a recruiting event.

Brochure

Quantity

Auxiliary Membership Brochure (Includes application)

Auxiliary Fact Sheet

Young American Creative Patriotic Art Brochure & 3-Dimensional (2 sided)

MAIL BROCHURES TO:

First and Last Name _____
 Address _____
 City _____ State _____ ZIP _____
 Daytime Phone (____) _____ Email _____
 Auxiliary Number _____ Member Number _____

Submit order forms to:

VFW Auxiliary, Attn: Brochure Orders, 406 W. 34th St., 10th Floor, Kansas City, MO 64111 or email to info@vfwauxiliary.org with "Brochure Order" in the subject line.

Note: VFW program brochures (including "Buddy@ Poppy", Teacher of the Year, Patriot's Pen and Voice of Democracy) can be ordered from the VFW Store at www.vfwstore.org or by calling 1.833.VFW.VETS.

Revised 10/24/2022

VFW Auxiliary Membership Moment

How to Ensure a Membership Application is Complete

UNWAVERING SUPPORT



FOR UNCONQUERED HEROES

One of the most critical steps in considering a new member for the VFW Auxiliary is the careful review of the prospective member's application details by a three-member Investigating Committee appointed by the Auxiliary President (as outlined in Section 102 of the 2017 VFW Auxiliary Bylaws and Ritual).

As an exclusive veterans' service organization, the VFW Auxiliary must ensure that every prospective member's eligibility has been thoroughly vetted by an Investigating Committee before any action can be taken on the application. According to Page 1 of the VFW Auxiliary Booklet of Instructions, "It is the duty of the Investigating Committee to see that the applications are filled out completely before they are presented to the body for consideration." The following fields are to be completed on each application:

- Recruited by
- Auxiliary Name and Number
- Kind of Membership (annual, life, etc.)
- State
- Name (spelled correctly)
- Date of Birth
- Address
- Gender
- City, State, Zip
- Phone
- E-mail
- Post Affiliated or Non Affiliated
- Relationship
- Veteran (name)
- Post Number (if applicable)
- Name of campaign ribbons or medals
- Foreign Service dates
- Location
- Applicant's signature and date
- Signatures of the Investigating Committee (at least 2)
- Signature line following the Obligation

In addition to the prospective member's application, it is the responsibility of the Investigating Committee to review proof of honorable service of the eligible veteran, unless he/she is a member of the VFW Post to which the applicant is applying for membership.

Proof of the veteran's honorable service in any foreign war, insurrection or expedition (as a member of the U.S. Armed Forces) may be determined through careful examination of a Separation Document (DD214) with a VFW-authorized campaign or service medal of the United States; receipt of Hostile Fire or Imminent Danger Pay, as verified by a copy of a Leave and Earning Statement (LES) issued by the U.S. Armed Forces; or service in Korea for 30 consecutive/60 non-consecutive days after June 30, 1949.

Performance reports, travel orders, medical orders, medals reports, morning reports, assignment listings, buddy affidavits, and letters from a foreign war zone may also be reviewed if a DD214 is not available. For veterans pre-1946, a report of their discharge listing the medals and decorations that were earned is acceptable proof.

For soldiers currently on active duty, they will not have a DD214. In those cases, the appropriate orders showing overseas deployment to a qualifying area, or awarding of an authorized campaign medal, or a LES showing Hostile Fire/Imminent Danger pay will suffice to prove eligibility.



The Checklist:

What the Auxiliary President needs for a meeting

- Current Podium Edition of *Bylaws, Ritual and Booklet of Instruction*
- National Program Book (available for download in MALTA/Member Resources)
- Department Program Book
- Current year's Department General Orders (if applicable)
- Order of Business/Agenda prepared with the assistance of Secretary and Treasurer prior to meeting
- Chairman Reports to be distributed prior to meeting
- Arrive early to check that the room is prepared for meeting:
 - Charter
 - Gavel
 - Altar Cloth
 - Bible
 - Flag stands properly placed
- Start and end the meeting as scheduled.
 - A clock on the podium will help achieve the suggested one hour time. Hint: Set a timer!



Healthy Auxiliary Checklist Auxiliary To-Dos and Deadlines

<u>What Your Auxiliary Needs to Do:</u>	<u>Deadline:</u>
Election of Officers, and Delegates and Alternates.	o April 30
Installation Report forwarded to Department and National Headquarters.	o June 30
Bond Application submitted for offices of President and Treasurer bonded with an indemnity company authorized by National Headquarters or the Department.	o August 31
Last quarterly audit and membership status of the VFW Auxiliary given to the Post Commander.	o Within 30 days of assuming the office of President
District Dues - Based on June 30 membership of prior year. (If applicable.)	o September 30
Audit Reports Period 1/1 – 3/31 completed by 4/30 Period 4/1 – 6/30 completed by 7/31 Period 7/1 – 9/30 completed by 10/31 Period 10/1-12/31 completed by 1/31	o Approved Audit to Department Treasurer Period 1/1 – 3/31 due by 5/31 Period 4/1 – 6/30 due by 8/31 Period 7/1 – 9/30 due by 11/30 Period 10/1-12/31 due by 2/28
Project, promotion and/or donation in National Programs. See the National Program Book for goals, awards and more information.	o See the National Program Book and your Department Program Book for deadlines.
Minimum of ten members paid in order to maintain charter.	o February 1 of the current year
Hold at least ten business meetings per year.	o Between July 1 and June 30



A World of
Discounts is Waiting...

**Save Big.
Every Day.**

Welcome to VFW Auxiliary Discount Marketplace!

**Get incredible discounts, rewards, and perks on 1,000s of
brands you love across categories like:**

- Travel
- Apparel
- Entertainment
- Beauty & Spa
- Auto
- Local Deals
- Restaurants
- Tickets
- Electronics
- Education
- Health & Wellness
- Auto & Home Insurance

TrueCar



AVIS

Hotels.com

GARMIN

LEGOLAND

Hertz



Lenovo

GROUPON

Budget

It's easy to access and start saving!

1. Go to: <https://vfwauxiliary.benefithub.com>
2. Enter your name and official email address
3. Enter Referral Code: HDDLQA
4. Save Your password and Start saving today!

Or scan here now!



Questions? Call 1-866-664-4621 or email customercare@benefithub.com



Veterans of Foreign Wars (VFW) Auxiliary

Yes! I would like to sign up for VFW Action Corps Weekly

Your information will be kept confidential and used solely for our communications.

PLEASE PRINT CLEARLY

[illegible]

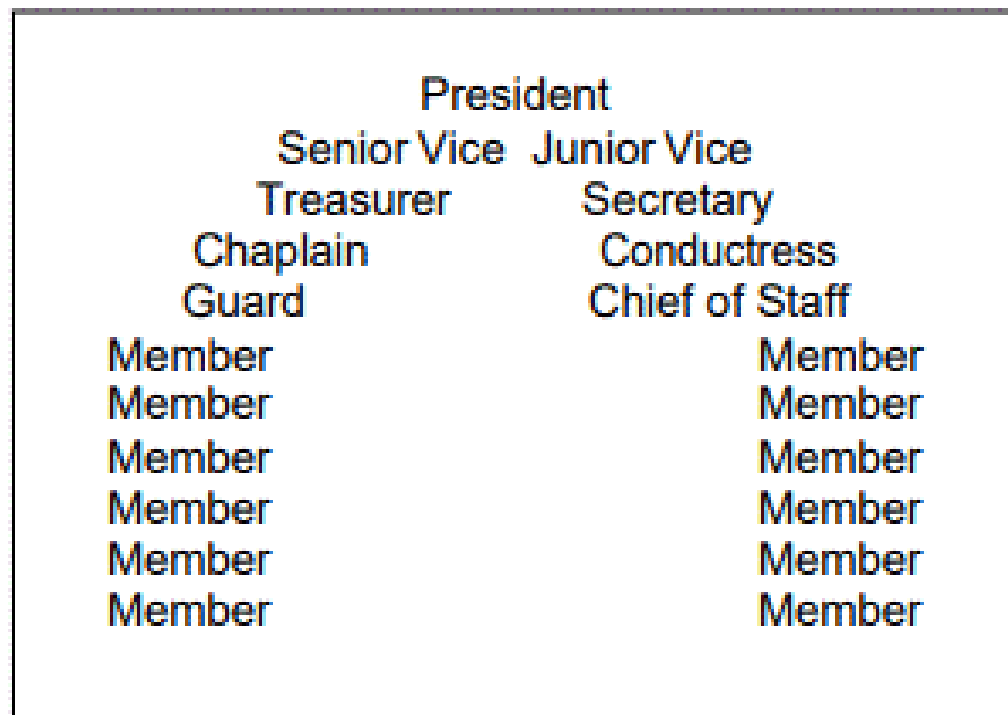


Healthy Communication Phone/Text Tree

Use this phone/text tree to promote Healthy Communication in your Auxiliary.

Whenever members need to be contacted or reminded of meeting or events, the President first calls or texts the Senior Vice-President and Junior Vice-President.

Then each of them would call/text the next person down on the tree. Each member would only have one other person to contact!



2023-2024
Historian/Media Relations
Activity Report **REVISED**

DATE _____ AUXILIARY _____ DISTRICT _____ SUBMITTED BY _____
E-MAIL ADDRESS _____ PHONE NUMBER _____
PROJECTS _____ # of Aux Members _____ # HOURS _____ # MILES _____ TOTAL MONEY SPENT \$ _____

Historian/Media Relations: (1) project needed to be 100%

Historian:

1. Number of Auxiliary MEMBERS that utilized any of the Historian material/resources available in MALTA _____
2. Number of Auxiliary MEMBERS that created a Historian's book documenting the previous year by any means _____

Media Relations:

3. Did your Auxiliary utilize any of the Media Relations material/resources available in MALTA
_____ yes _____ no
4. Did your Auxiliary send a monthly or quarterly newsletter to each of their members via printed mail or emails?
_____ yes _____ no
5. Does your Auxiliary have their own Auxiliary Facebook page _____ Website _____
6. Does your Auxiliary have a joint Facebook page WITH their VFW Post _____ Website WITH their VFW Post _____
8. Number of Auxiliary Members that held/attended a Media Relations "how to" training to educate their members (example: how to log in to MALTA, email, navigate Facebook and other social media) _____
9. Did your Auxiliary practice S.N.A.P and use the fillable press/media release form from vfwauxiliary.org/resources/?
_____ yes _____ no
- 5 Ws of Photos: Who What Where When Why **MUST INCLUDE PHOTOS FOR REPORTING**
10. Has your Auxiliary taken pictures of/with the Department President? _____ yes _____ no
10 a Have you answered the 5 ws of the picture and sent in a report? _____ yes _____ no
11. Has your Auxiliary taken pictures of/with the Department President? _____ yes _____ no
11 a Have you answered the 5 ws of the picture and sent in a report? _____ yes _____ no
12. Did your Auxiliary submit a 3-5-minute video & entry interviewing a Legacy Auxiliary member? _____ yes _____ no

Remember before sending in entry/interview the Dept Historian must sign off on the entry by March 31, 2024

Describe your project below. Send this form along with any documentation you may have (copies of pictures, articles, flyers, poster, etc.) Use extra Paper if you need more room

Kathy Matesic
2338 East 34th Street Lorain, OH 44055
(440) 396-0789
katherinematesicvfwaux@gmail.com

REVISED 9/9/2023

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

I VOTE IN HONOR OF

A UNITED STATES VETERAN

Veterans of Foreign Wars Auxilliary | vfwauxiliary.org

Volume 1 Issue 1

Page 49

LOOK AT #TEAMOHIO SERVING OUR VETERANS & THEIR FAMILIES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September						
			Kettering VFW Post #9927 ★ = Public Welcome	1		2 ★ 7:30 Band Ghost Train
3	4 Ladies Day ★ Post OPEN NO Bingo	5 Monthly Meeting 7:00pm Blues Jam ★ 8:00pm	6 6:00 Dinner Chicken Wings 7:30 Weekly Drawings	7	8	9
10 ★ Breakfast 9:11-30 am BINGO at Noon	11 ★ BINGO! 7:30pm	12 Blues Jam ★ 8:00pm	13 6:00 Dinner Pork Tenderloin 7:30 Weekly Drawings	14	15	16
17	18 ★ BINGO! 7:30pm	19 Blues Jam ★ 8:00pm	20 6:00 Dinner Chicken Pot Pie 7:30 Weekly Drawings	21	22 ★ 6:00-7:30 Chicken Parmesan Dinner	23 ★ 7:30 Band Lions for Hire
24	25 ★ BINGO! 7:30pm	26 Blues Jam ★ 8:00pm	27 6:00 Dinner Breakfast 7:30 Weekly Drawings	28	29	30 ★ 7:30 Band Barely Able





Important Upcoming Events

September 21-23rd-National President's Visit &
Founder's Day

October 7-Zoom Meeting Online Training with Dept
Chairmen 10am-12noon

October 20-22-Big 10 Conference -Dept of Illinois

God Bless our Troops, Veterans and their Families. To all who
has lost someone special, I send my heart felt sympathy, and to
all who are sick, I am praying for you.

Loyally Serving with Love,
Shannon Stanley
Department President



Department of Ohio Special Project

Ohio Department Commander Wiley and Auxiliary President Stanley have both chosen Save A Warrior as their Special Project for the next year. Save A Warrior™ was founded in 2012 to end the epidemic of suicide within our Veteran and First Responder communities. The Save A Warrior program serves our nation's heroes in crisis at no-cost to them and focuses on providing a pathway to healing from the devastating effects of Complex Post-Traumatic Stress (C-PTS) that oftentimes lead to suicide and suicidal ideations.

Text VFWPPROJECT to 91999 to donate

